

WHICH EXAM STUDY MATERIALS ARE RIGHT FOR ME?

Are you preparing for the CDM Credentialing Exam?

Utilize the chart below to compare the tools available to help you succeed!*

NOTE: These study materials and reference books listed are completely optional. Purchase and/or successful completion of the review materials are not required in order to sit for the exam and they do not predict or guarantee a passing score on the exam. Candidates may prepare for the exam in a manner of their choice.

Product	Contains multiple choice questions	Contains answer rationale	Contains case studies	Contains common math formulas	Online Format	Hard Copy Format	Best for on-the-go studying	Mimics Exam
CDM Credentialing Exam Study Guide, 7th Edition								
Certifying Board for Dietary Members (CBDM) Self-Assessment Exam								
CDM Credentialing Exam Online Review Course 2nd Edition								
CDM Credentialing Exam Flash Cards								
CDM Credentialing Exam Math Workbook, Digital Version								
CDM Credentialing Exam Math Workbook, Print Version								

In addition to the materials listed in the chart above, there is also a [study materials bundle](#) available! The bundle consists of the CDM Credentialing Exam Study Guide, 7th Edition and the CDM Exam Review Flash Cards. Use the hard copy study guide for in-depth exam preparation, and supplement your studying any time, anywhere, with the convenient, on-the-go flashcard set.

The study material references and the exam questions are based on content covered in two ANFP textbooks, *Nutrition Fundamentals and Medical Nutrition Therapy 3rd Edition* (2020), and *Foodservice Management - By Design, 3rd Edition* (2020). Sanitation and food safety-related questions are also based on the FDA Food Code (2017), available free at www.fda.gov.

These materials are available at www.ANFPonline.org/Marketplace.